Navigating Life Abroad

as a Young Muslim

Preparing for Life Beyond Home



About iWise

iWise is a world-class Islamic education institution established in 2018, dedicated to nurturing a generation of Muslims with strong intellectual and spiritual excellence, reflected in their character and way of life.



iWise operates under Yayasan Edukasi Putra Mandiri and is officially registered under Business Registration Number (NIB) 0611220019324.

iWise has been part of the learning journey of students from national and international schools, working closely with educational institutions and communities across different countries.

25+
Certified Instructors

600+
Students from Various Countries

400+
Learning Topics

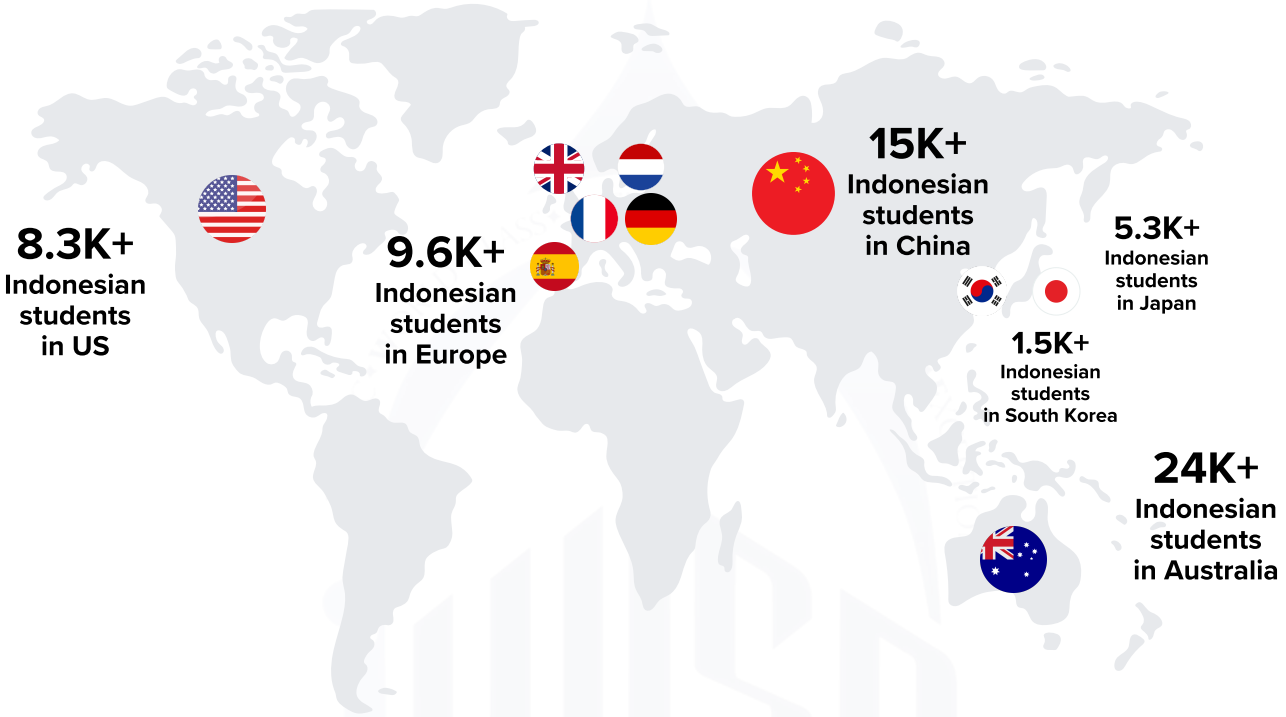
1000+
Teachers Impacted

2500+
Students Impacted

Bilingual Classes (Indonesian & English)

Available in Online, Offline, & Hybrid Formats

About the Study Abroad Preparation Program



According to IDP Hotcourses (2024), the number of Indonesian students pursuing education abroad has continued to grow in recent years. As they enter environments shaped by different cultures, values, and social norms, students face challenges that require more than academic readiness. They must also be prepared to navigate complex situations, make responsible decisions, and adapt to life beyond their familiar surroundings.

This program equips students to understand Islam as a practical guide for life abroad. Students learn how to apply Islamic principles in everyday situations while preparing to engage with diverse communities, differing worldviews, and unfamiliar social systems. Through this journey, they develop the confidence to adapt, make sound decisions, and represent Islam positively while remaining firmly grounded in their faith and values.

iWise Curriculum

What You Will Learn

This curriculum integrates conceptual understanding with practical experiences for navigating life in a global context.

Mukaddimah

Mukaddimah: An Introduction to the Journey Ahead

Understanding the journey ahead, clarifying one's purpose and role in life, and recognizing the importance of preparation to make the most of study and life abroad.

Islamic Belief *(Aqidah)*

Anchored in Faith: Navigating Belief in a Plural World

Strengthening the understanding of faith and Islam, and learning how to preserve them amidst diverse cultural and ideological influences.

Islamic Practice *(Adab & Akhlak)*

Becoming a Muslim with Confidence: Building Character in Everyday Life

Learning how to uphold Islamic manners and habits, while demonstrating good character and confidence in diverse communities.

Islamic Moral & Ethics *(Fiqih)*

Living Islam: Navigating Life as a Muslim in Global Context

Strengthening the practical application of Islamic teachings in everyday situations, including prayer, fasting, maintaining halal dietary practices, and other aspects of Muslim life abroad.

Lifestyle, Social & Relationship

Navigating Social Life: Choices, Boundaries, and Relationships

Learning how to navigate social interactions, choose positive environments, and maintain healthy boundaries in relationships.

Emotional & Mental Resilience

Inner Strength: Building Emotional Resilience in a New Environment

Learning how to navigate and manage emotional challenges while adapting to a new environment away from family.

Safety & Risk Awareness

Staying Safe: Awareness, Boundaries, and Real-Life Decisions

Learning how to protect oneself, recognize potential risks, and make safe decisions in a variety of real-life situations.

Financial Literacy & Independence

Money & Responsibility: Building Financial Independence Abroad

Preparing students to manage their finances independently and responsibly in accordance with Islamic principles.

Learning Journey Framework

Study Abroad

Preparation Program

Orientation

Mukaddimah: An Introduction to the Journey Ahead

Foundation of Belief

Anchored in Faith: Navigating Belief in a Plural World

Living Islam in Practice

- Living Islam: Navigating Life as a Muslim in Global Context
- Becoming a Muslim with Confidence: Building Character in Everyday Life

Navigating Real Life

- Navigating Social Life: Choices, Boundaries, and Relationships
- Money & Responsibility: Building Financial Independence Abroad

Sustaining Yourself

- Staying Safe: Awareness, Boundaries, and Real-Life Decisions
- Inner Strength: Building Emotional Resilience in a New Environment

This program is designed as a structured learning journey that begins with building awareness, strengthening faith, and developing the skills needed to navigate real-life situations. Each module is intentionally connected, gradually preparing students to understand Islamic principles, apply them in daily life, and make independent and responsible decisions.

Through this journey, students not only deepen their understanding of Islam but also develop the readiness to live confidently as Muslims in a global environment.

Mukaddimah — Awareness

Aqidah — Foundation

Fiqih — Application

Adab — Identity

Social — Navigation

Financial — Responsibility

Emotional — Stability

Safety — Protection

Curriculum Overview

Study Abroad

Preparation Program

Module #1

Mukaddimah:
An Introduction to the Journey Ahead



About This Module

This module introduces students to the bigger picture of life abroad while helping them understand that every society is shaped by systems, rules, and shared expectations that enable people to live and function together effectively.

Why This Matters

Many students view studying abroad solely from an academic perspective, without realizing that they will encounter broader life system changes. This module equips students with a more comprehensive perspective on this reality, making them better prepared to understand the role of rules and life direction in experiencing it.

Learning Design

- Observation and analysis of examples of rule systems in everyday life.
- Discussion about the function and purpose of various rule systems.
- Reflection on the consequences if rules did not exist.
- Guided discussion to find the pattern that rules are a universal necessity.

What Student Will Learn

- Overview of life and environmental changes abroad.
- The concept of rules as part of human needs.
- The pattern that systems and rules exist to sustain life.
- Introduction to understanding rules in a broader context (Islam).

Learning Objectives

- Explaining the role of rules in order and continuity of life.
- Identifying similarities of various rule systems in different environments.
- Relating human needs for rules to real-life situations.
- Interpreting rules as part of the broader needs in life.

iWise Curriculum

Curriculum Overview

Study Abroad

Preparation Program

Module #2

Anchored in Faith:
Navigating Belief in a Plural World

About This Module



This module helps students understand the fundamentals of belief in Islam and how to use it as a foundation for viewing and responding to various thoughts, values, and perspectives that will be encountered in a global environment.

What This Matters

Many students encounter various thoughts and values without having a strong enough foundation to understand or respond to them. This module equips students with a deeper understanding of Islamic beliefs, so they are not easily swayed and can act consciously and purposefully amidst diversity.

Learning Design

- Discussion based on reflective questions about belief and truth.
- Comparative analysis of different perspectives (values contrast).
- Simple case studies related to real situations in a global context.
- Guided discussion to develop a way of thinking aligned with Islamic teachings.

What Student Will Learn

- The basic concept of aqidah as a foundation in thinking and behaving.
- The difference between the Islamic worldview and various global perspectives.
- Ways to understand and respond to different thoughts.
- The importance of having beliefs that are understood, not just followed.

Learning Objectives

- Understanding Islamic beliefs and their influence on daily life.
- Comparing perspectives and value systems in a global context.
- Using aqidah to consciously respond to differences.
- Demonstrating readiness and confidence as a Muslim.

Curriculum Overview

Study Abroad

Preparation Program

Module #3

Living Islam:
Navigating Life as a Muslim in Global Context

About This Module



This module helps students understand how Islamic teachings are applied in daily life and how to make the right decisions in various real-life situations they will face while living in a global environment.

Why This Matters

Many students understand the rules in Islam, but are not yet accustomed to applying them in different and not always ideal situations. This module equips students with the understanding and mindset to apply Islamic teachings appropriately and contextually, so they not only know the rules but are also able to implement them wisely.

Learning Design

- Discussion based on real-life case studies abroad (prayer, fasting, etc.).
- Analysis of non-ideal situations that require adjustments.
- Guided discussion using a decision-making framework.
- Simple simulation in making choices under various conditions.

What Student Will Learn

- Basic principles of fiqh as a guide in daily life
- The role of the Qur'an and Sunnah as the main sources in determining attitudes
- The concept of applying fiqh in various conditions (priorities, concessions, and context)
- How to make decisions in real situations using a directed thought framework

Learning Objectives

- Understanding the application of Islamic teachings in everyday life in diverse environments.
- Analyzing real situations that require adjustments in worship practices.
- Using a framework of thought to make decisions based on Islamic values.
- Demonstrating readiness and confidence as a Muslim in a global environment.

Curriculum Overview

Study Abroad

Preparation Program

Module #4

Becoming a Muslim with Confidence:
Building Character in Everyday Life



About This Module

This module helps students build their identity as Muslims through manners, ethics, and daily habits, enabling them to live life with more confidence and consistency in various environments.

Why This Matters

Many students understand what true values are, but are not yet accustomed to making them a part of their habits and character. This module equips students with understanding and simple practices in developing daily manners and morals, so that the values understood can be reflected in consistent attitudes and behavior.

Learning Design

- Reflective discussion about daily behavior and personal habits.
- Analysis of simple situations in life (social interactions, daily routines).
- Self-reflection to identify habits that need to be developed or improved.
- Guided discussion to connect values with real actions.

What Student Will Learn

- The concept of manners and morals as part of a Muslim's identity.
- The role of habits in shaping daily character.
- How to apply Islamic values in simple situations (interactions, routines, etc.).
- The importance of consistency in building behavior and habits.

Learning Objectives

- Explain the role of manners and morals in shaping everyday behavior.
- Identify habits that support the development of character as a Muslim.
- Apply the values of manners and morals in simple everyday life situations.
- Demonstrate behavior that consistently reflects the identity of a Muslim.

Curriculum Overview

Study Abroad

Preparation Program

Module #5

Navigating Social Life:
Choices, Boundaries, and Relationships

About This Module



This module helps students understand how to navigate social life in a global environment, including choosing friendships, building relationships, and setting healthy boundaries according to Islamic values.

Why This Matters

Many students face social pressure and environmental influences without having clarity in setting boundaries and attitudes. This module equips students with understanding and considerations in dealing with various social situations, allowing them to interact openly without losing direction and principles.

Learning Design

- Discussion based on real social situation case studies (peer pressure, lifestyle, etc.).
- Simple role-play to practice responses in social situations.
- Analysis of choices and consequences in various scenarios.
- Guided discussion to train thinking and decision-making skills.

What Student Will Learn

- How to choose a healthy and supportive social environment.
- Understanding forms of peer pressure.
- The concept of boundaries in friendships and relationships.
- Communication and interaction in a multicultural environment.
- Awareness in lifestyle choices (food, social habits, etc.).

Learning Objectives

- Identifying factors that influence social choices.
- Analyzing peer pressure and existing choices.
- Determining boundaries in social relations according to Islamic teachings.
- Demonstrating the ability to interact in diverse environments while maintaining principles.

Curriculum Overview

Study Abroad

Preparation Program

Module #6

Money & Responsibility:
Building Financial Independence Abroad

About This Module



This module helps students understand how to manage finances independently while living abroad, as well as build awareness in making wise and responsible financial decisions.

Why This Matters

Many students face challenges in managing finances because they are accustomed to relying on their previous environment. This module equips students with understanding and awareness in managing money more purposefully, enabling them to avoid uncontrolled spending and lead a more balanced life.

What Student Will Learn

- Principles of money management from an Islamic perspective (trust, gratitude, responsibility).
- Basic concept of financial management in independent living.
- The difference between needs and wants
- Awareness of lifestyle and spending (lifestyle spending).
- Basic budgeting in the context of living abroad

Learning Design

- Case study-based discussion on student spending and lifestyle.
- Simple simulation in prioritizing expenses.
- Analysis of common financial situations encountered abroad.
- Guided discussion to build awareness in financial decision-making.

Learning Objectives

- Explaining the basic principles of financial management according to Islamic teachings.
- Distinguishing between needs and wants in various spending situations.
- Analyzing the impact of lifestyle on financial conditions.
- Using appropriate considerations in making daily financial decisions.

Curriculum Overview

Study Abroad

Preparation Program

Module #7

Inner Strength:
Building Emotional Resilience in a New Environment



About This Module

This module helps students understand and manage emotional responses when facing environmental changes, enabling them to remain stable, adaptive, and live life more calmly and purposefully.

Why This Matters

Many students experience difficulties not because of a challenging environment, but because they are not accustomed to managing feelings such as loneliness, pressure, or confusion. This module equips students with basic understanding and skills in recognizing and managing emotions, enabling them to face changes without losing self-balance.

Learning Design

- Reflective discussion on potential emotional experiences.
- Analysis of real-life situations (loneliness, pressure, culture shock).
- Guided reflection to recognize personal responses.
- Sharing and discussion to build a healthier perspective.

What Student Will Learn

- Understanding emotional responses when facing environmental changes.
- Recognizing conditions such as culture shock, loneliness, and identity confusion
- Understanding mental health issues from an Islamic perspective.
- Basics of emotional management (emotional awareness & regulation).
- Ways to maintain self-balance in challenging situations.

Learning Objectives

- Identifying emotional responses to environmental changes.
- Analyzing triggers of emotional stress (such as loneliness, culture shock).
- Applying Islamic guidance to manage emotional responses in challenging situations.
- Demonstrating the ability to maintain self-stability when facing environmental changes.

Curriculum Overview

Study Abroad

Preparation Program

Module #8

Staying Safe:
Awareness, Boundaries, and Real-Life Decisions



About This Module

This module helps students understand the importance of self-care in various life situations abroad, as well as train their ability to recognize risks and make safe and responsible decisions.

Why This Matters

Many students find themselves in risky situations without realizing the impact and consequences. This module equips students with awareness and consideration when facing various real conditions, enabling them to protect themselves, set boundaries, and make appropriate decisions in less than ideal situations.

Learning Design

- Analysis of case studies on real-life risky situations.
- Discussion on the consequences of various choices.
- Simple simulations in dealing with specific situations.
- Guided discussion to train awareness and decision-making.

What Student Will Learn

- The concept of self-preservation in Islam (maqasid shariah in a simple form).
- Awareness of risky situations (social, legal, environmental).
- The importance of setting boundaries in various conditions.
- How to recognize signs of unsafe situations.
- Basic principles in making responsible decisions.

Learning Objectives

- Explaining the principles of self-care in various aspects of life.
- Identifying situations that may pose risks.
- Determining boundaries in various conditions based on appropriate considerations.
- Making safe and responsible decisions in real situations.

Frequently Asked Questions
Study Abroad
Preparation Program

Is this program suitable for students who do not yet have a deep understanding of religion?

Yes, this program is for all students. It is designed so that students from various backgrounds can participate. The materials are delivered gradually, starting from basic understanding to application in daily life. With this approach, students can follow comfortably, even if they do not yet have a deep understanding of religion.

Is the material presented relevant to conditions abroad?

Yes. All materials are designed with real-life situations commonly faced by students studying abroad in mind, such as environmental differences, social pressures, and challenges in practicing their faith. This aims to ensure that students not only understand the concepts but are also practically prepared to face them.

Does this program only discuss worship activities like prayer and fasting?

This program covers various aspects of life, ranging from understanding beliefs, practicing worship, social interactions, financial management, to emotional readiness and risk awareness. The goal is to comprehensively equip students for living abroad.

Is this program only for students who are definitely going abroad?

This program is also relevant for students who are still considering or preparing for studies abroad. In fact, the material presented is universal and can help students develop their way of thinking, independence, and readiness to face various life situations, both domestically and abroad.

Is this program theoretical or practical?

This program is designed to balance between understanding concepts and applying them in real life. Each material is always linked to situations that students might encounter, so the learning is not only theoretical but also applicable.

What Parents Say About Learning

at iWise Islamic Education

"I think the most exciting thing is when my 10 years old came home and told me and her father that her mind was blown and that she had never thought about certain things about Islam in that way. In that point we knew that this is right and good for them."

Ms. Farhana

"We have an engaging talks, and when we're in the class just very fun to learn about it. This experience is very valueable."

Maryam

"Alhamdulillah, the children truly enjoy participating in iWise programs. Even after returning home, they are more willing to pray without constantly being reminded."

Miki's Parent

"Thank you for always supporting Padma, Miss. Since joining iWise, she has become more consistent and focused in her prayers. Alhamdulillah."

Padma's Parent

"Zaya is very happy to join iWise. After coming home, she always talks about what she learned and it makes her confident and happy when learning."

Zaya's Parent

"*I am more curious in my daily life and think of things from a religious perspective. I become more aware of the reasoning behind religious teachings, because iWise material is more detailed and holistic.*"

Kayla
iWise Student



Prepare not just to study abroad,
but to live with purpose wherever you are.

Ready to Start Your Study Journey Abroad?

Register Now

Need a Discussion or Consultation?

Contact Us!

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